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Long Term Care of Your New Onlay/Inlay

Now that your onlay/inlay has been cemented there are a few things to expect and to care for. Do not eat or drink anything until the anaesthetic has worn off. **AVOID CHEWING ICE.** You may floss and brush your tooth as normal, unless told otherwise by the doctor.

You may experience some minor discomfort in the area following the onlay. Sometimes, depending on circumstances, the tooth and surrounding tissues may remain sore for a few weeks post treatment. The three most common reasons for pain are: Sore jaw joint from having your mouth open for a prolonged time, Sore muscle from the injection site or a sore tooth when biting down from a "high bite." This occurs when your new restoration is seated higher than your natural tooth was and can be quickly corrected by adjusting the restoration at our office. It is important that you get the bite adjusted right away to avoid breaking the restoration or damaging the nerve. If you experience a high bite, call the office at 074998 5572.

To ensure that you do not void your warranty and that the dentist can review your oral hygiene around the onlay/inlay, you are required to attend for your active maintenance every 6 months.