

During and after a Root Canal Treatment.

On the Day of the Procedure:

- You will experience numbness for several hours. Avoid biting your lips, cheeks, or tongue until the anaesthesia wears off.
- Refrain from consuming hot foods and drinks to prevent accidental burns.

After the Procedure:

- The treated tooth, surrounding gums, and area may be sore for a few days.
- You may take a painkiller that you usually use for pain relief.
- If you experience severe pain, worsening pain that is not controlled by medication, swelling, or fever, contact the practice immediately.
- If antibiotics are required, your dentist will provide detailed instructions.

Importance of Completing Treatment:

- It is essential to complete the entire root canal treatment.
- You may feel pain relief before completion, but leaving the treatment incomplete increases the risk of infection and potential tooth loss.

Protecting Your Tooth:

- During and after treatment, the tooth loses strength due to the removal of decayed portions, which are often extensive in cases requiring root canals.
- To prevent fractures, avoid biting on hard foods until a permanent crown is placed.

Long-Term Care:

- Regular check-ups are essential to ensure the success and longevity of the treatment.
- Maintain good oral hygiene, as decay can still occur in a tooth treated with a root canal.

If you have any concerns, please contact our practice for further guidance.